



STAFF/INDIVIDUAL RATIO: 1:1, 1:4, 1:7

Hours of Operation:

8:30 a.m.—2:30 p.m.

Contact Person:

Program Manager
Zia Soofi

For referral information, or a tour of our programs please contact:

Lisa Morgan

Director of Day Hab Services
(508) 943-4892

lmorgan@life-skillsinc.org



The **Day Hab I** program provides services to adults with developmental disabilities which results in substantial functioning limitations in 3 or more major areas: self-care, language, learning, mobility, self-direction, and the capacity for

independent living and economic self-sufficiency.

Our main goal is to incorporate social, recreational, and community activity skills. Our training program emphasizes on maximizing a person's independence in areas of:

- ✦ Daily living skills
- ✦ Safety
- ✦ Mobility
- ✦ Money management
- ✦ Human Rights
- ✦ Human sexuality
- ✦ Interpersonal relationships
- ✦ Volunteerism
- ✦ Self-Advocacy
- ✦ Recreational & community activities
- ✦ Options for work with additional state funding
- ✦ Occupational Therapy with formal evaluations by a licensed Occupational Therapist
- ✦ Physical Therapy with formal evaluations by a licensed Physical Therapist
- ✦ Communication skills with formal evaluations conducted by a licensed Speech Pathologist

Each day begins with a morning meeting focusing on current events, attendance, weather, program schedule, and choice of activities.

Community activities include: kayaking at Quinsigamond Lake, swimming at the YMCA, horseback riding at 4-Winds Farm, shopping, dining out, zoo visits, volunteer trips and donations to animal shelters.

In-house activities include arts & crafts, baking dog biscuits, bowling, bingo, horticulture therapy, sensorimotor, dancing, music therapy, self-advocacy and human rights.

Volunteer activities include Donations to Webster Food Share and Webster Animal Shelter.



DAY PROGRAMS PROVIDE:

Therapeutic Programming:

- ✦ Speech Language Pathology
- ✦ Occupational Therapy
- ✦ Physical Therapy
- ✦ Registered Nursing Services
- ✦ Clinical Behavioral Services
- ✦ Case Managers
- ✦ Developmental Assistants

Therapeutic Services:

- ✦ Augmentative & Alternative Communication
- ✦ Assistive Technology & Adapted Equipment
- ✦ Dysphagia Assessment & Monitoring (Swallowing Disorders)
- ✦ Aural Rehabilitation
- ✦ Adapted Seating/Alternative Positioning
- ✦ Custom Wheelchair Procurement
- ✦ ADL Skill Training
- ✦ Range of Motion
- ✦ Strength & Ambulation Programs
- ✦ Sensory Motor Programs
- ✦ Cooking/Baking Groups
- ✦ Music Therapy
- ✦ Community, recreational & volunteer activities
- ✦ Behavioral Intervention Services
- ✦ Horticultural Therapy Services
- ✦ Kayaking
- ✦ Horseback Riding

"Tell me & I may forget; show me & I may remember; involve me & I'll understand."



STAFF/INDIVIDUAL RATIO: 1:1, 1:2, 1:3

Hours of Operation:

8:30 a.m.—2:30 p.m.

Contact Person:

FRS Program Manager

mledbetter@life-skillsinc.org

For referral information, or a tour of our programs please contact:

Lisa Morgan

Director of Day Hab Services

(508) 943-4892

lmorgan@life-skillsinc.org

DAY PROGRAMS PROVIDE:

Therapeutic Programming:

- ✦ Speech Language Pathology
- ✦ Occupational Therapy
- ✦ Physical Therapy
- ✦ Registered Nursing Services
- ✦ Clinical Behavioral Services
- ✦ Case Managers
- ✦ Developmental Assistants

Therapeutic Services:

- ✦ Augmentative & Alternative Communication
- ✦ Assistive Technology & Adapted Equipment
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- ✦ Aural Rehabilitation
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- ✦ Sensory Motor Programs
- ✦ Cooking/Baking Groups
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- ✦ Community, recreational & volunteer activities
- ✦ Behavioral Intervention Services
- ✦ Horticultural Therapy Services
- ✦ Kayaking
- ✦ Horseback Riding



EQUINE THERAPY

Horseback Riding



PHYSICAL THERAPY

Daily walking groups with the aid of a Rifton Walker.



COMMUNICATION

Adapted books w/switch use.

The **Fundamental Responding Skills** program provides services to adults with developmental disabilities which results in substantial functioning limitations in 3 or more major areas: self-care, language, learning, mobility, self-direction, and the capacity for independent living and economic self-sufficiency.

These individuals need more active treatment than is typically available through outpatient visits. Active treatment sets forth measurable goals and objectives, and prescribes an integrated program of activities and therapies necessary to reach the stated goals and objectives specified in the Day Habilitation Service Plan. Our main goal is to incorporate social, recreational, and community activity skills. Our program focuses on maximizing a person's independence in areas of:

- ✦ Daily living skills
- ✦ Safety
- ✦ Mobility
- ✦ Money management
- ✦ Human Rights
- ✦ Human sexuality
- ✦ Interpersonal relationships
- ✦ Volunteerism
- ✦ Self-Advocacy
- ✦ Recreational & community activities
- ✦ Occupational Therapy with formal evaluations by a licensed Occupational Therapist
- ✦ Physical Therapy with formal evaluations by a licensed Physical Therapist
- ✦ Communication skills with formal evaluations conducted by a licensed Speech Pathologist

Each day begins with a morning meeting focusing on current events, attendance, weather, program schedule, and choice of activities.

Community activities include: kayaking at Quinsigamond Lake, swimming at the YMCA, horseback riding at 4-Winds Farm, shopping, dining out, zoo visits, volunteer trips and donations to animal shelters, nursing homes, and Take 2 Consignment.

In-house activities include arts & crafts, bowling, bingo, horticulture therapy, soap making, music therapy, computer reading groups, sensorimotor, safety, self-advocacy, and human rights training. Range of motion, alternative positioning, 1:1 dining services.

Volunteer activities include donations to Webster Food Share, local animal shelters, and nursing homes.



MORRIS STREET DAY HAB

44 Morris Street, Webster, MA 01570

Phone: (508) 943-0700, ext. 2110

Email: msdh@life-skillsinc.org

www.facebook.com/lifeskillsincorp

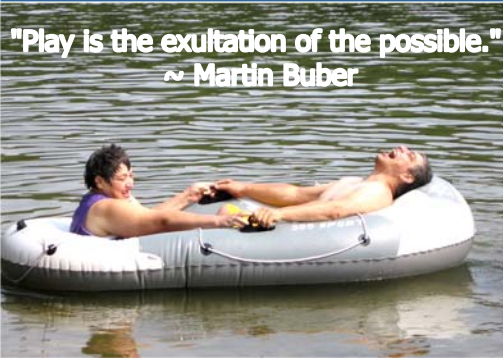
Web: www.life-skillsinc.org

STAFF/INDIVIDUAL RATIO: 1:1, 1:4, 1:7

Hours of Operation:
Monday—Friday
8:15 a.m.—2:15 p.m.

Contact Person:
Program Manager
(508) 943-0700 ext. 2105

"Play is the exultation of the possible."
~ Martin Buber



"THE CHOICE

is Yours"

Individualized plans address needs in the areas of occupational, speech, physical, and behavioral therapies.

The vocational component of this program is community based. It involves vocational skills training and employment in agency owned and privately run businesses.

VOLUNTEER OPPORTUNITIES INCLUDE:

- ✦ Distributing agency marketing materials
- ✦ Interagency copying
- ✦ Recycling paper/cardboard
- ✦ Fundraising projects
- ✦ Dog grooming salon
- ✦ Horse farm

The Choice is Yours is an agency owned vending business offering a multi-community based employment option with the assistance of a 1:1 Job Coach.

Closet Classics is an agency owned thrift store that promotes socialization, independence, & self-esteem to individuals employed there. Ratio is 1:2 (staff to individual).

Take 2 Consignment store is an agency owned community business offering a variety of retail employment options.

Point Breeze restaurant and **Dudley Congregational Church** offer opportunities for individuals to complete janitorial tasks on a daily basis with the assistance of a 1:1 Job Coach.

"Best Buds" Greenhouse—horticultural, sensory, volunteer activities, & paid employment.



Our program focuses on:

- ✦ Daily living skills
- ✦ Safety
- ✦ Mobility
- ✦ Money management
- ✦ Human Rights
- ✦ Human sexuality
- ✦ Interpersonal relationships
- ✦ Self-Advocacy
- ✦ Assertiveness Training
- ✦ Recreational & community activities





South Central Agency Owned & Operated Businesses



49 Morris Street
Webster, MA 01570
(508) 949-0361 / (508) 943-0700 x 2105
Monday—Friday: 8:30—2:30 p.m.

Our **Best Buds Greenhouse** is located adjacent to Day Hab I's parking lot at 49 Morris Street in Webster, MA. All South Central Day Habs participate in horticultural activities or employment.



www.facebook.com/take2consignment

125 E. Main Street
Webster, MA 01570

Morris Street Day Hab operates our **Take 2 Consignment** store located on East Main Street in Webster, MA. The store is open **7 days a week** and has a wide selection of brand name clothing, jewelry, home décor, furniture, & more. Take 2 offers over 5500 sq. ft. of shopping space and a bakery featuring our Big Fat Cookies and a variety of assorted baked goods made on-site.



131 East Main Street Plaza
Webster, MA 01570
(508) 943-2320

Closet Classics is our agency owned boutique style thrift store located in East Main Street Plaza in Webster, MA. The store is open Monday through Saturday.

New Ceramics Studio located in the lower level of Morris Street Day Hab! (Items sold at Take 2 & Closet Classics).

DAY HAB PROGRAM REFERRAL & FUNDING SOURCES:

Mass Health, Massachusetts Commission for the Blind, Massachusetts Department of Developmental Services, Massachusetts Rehabilitation Commission, Massachusetts School Systems